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Life aboard ES Canada with Med Sea Yachts

by Beth on [18 June, 2015](#) in [Greece](#), [Reviews](#), [Sailing](#), [Turkey](#)

We were kindly invited by [Med Sea Yachts](#) to climb aboard ES Canada (which is a rather luxurious [gulet](#)) to sail around Turkey and Greece and discover hidden bays and private coves. For anyone who is unsure (as I was before this trip) a 'gulet' is a traditional design of a two-masted or three-masted wooden sailing vessel from the [southwestern coast](#) of [Turkey](#).

Before we left the busy port of [Marmaris](#) for our week-long sailing adventure we were introduced to the crew that consists of the lovely Eileen, and her trusty team of Cengiz (the captain), Muhammet (chef extraordinaire) and Aziz (sailor and all round star, if you need anything during your trip Aziz will sort it!) As well as our fellow passengers, who've turned out to be an incredibly interesting bunch of international travelers, authors, agents and bloggers. It's fair to say, we all felt extremely privileged when we found it was ES Canada's maiden voyage!



From that point on we knew the trip was going to be a lot of fun, and the most exciting prospect was its uniqueness. This was a far cry from trekking through the jungle or shopping in New York, it was clear we were going to be spoiled rotten by the crew enabling us to soak up some of the most spectacular scenery the Mediterranean has to offer!

A typical day on board consists of waking up for breakfast around 9am (of course, that's only if you're as lazy as we are!) Expect a stunning platter of fresh tomatoes, cucumber, local cheese, bread, olive oil, honey and a selection of meats. Plus there's the usual western delicacies of cornflakes, jam and Nutella too! Then she sets sails in search of a beautiful secluded bay that provides the perfect opportunity for a spot of diving off the top deck, snorkelling, water frisbee, or my personal favourite – lilo sunbathing! Once you've worn yourself out from too much sunbathing it's usually time for lunch, expect to be amazed at the chefs ability to serve up the most delicious and varied plates, from roasted aubergine to the seafood platter, everything we ate on board was to die for!



As you can see the theme is ultimate relaxation, between eating, sleeping and taking a dip in the world's best swimming pool, there's a few hours spare to get stuck into a book, write a blog post or get whooped at a game of backgammon.

Sailing through the crystal clear waters of Turkey and Greece has opened my eyes to a part of the world I had previously dismissed in favour of heading further afield in search of tropical climates, but the lack of humidity and the sheer beauty in the landscape means I'll certainly be recommending this experience to friends and family. And what better way to explore than in true explorer fashion, on board a ship with the open ocean right in front of you!

For more information about [Med Sea Yachts](http://www.medseayachts.com/) visit: www.medseayachts.com/

<http://enjoythejourney.org.uk/>